

MY SCHOOL



LUNCH



Planner



SCHOOL LUNCH

Ideas

Mains

VEGGIE QUESADILLA
CHICKEN NUGGETS + VEG + DIP
LASAGNA ROLLS + SALAD
BLT SANDWICH
SAUSAGE PASTA
VEGGIES + HUMMUS + PITA
PASTA SALAD
CHICKEN WRAP
TACO BENTO BOX
CHEESY RAVIOLI
PESTO PASTA + MEATBALLS
TURKEY + SWISS + SPINACH SANDWICH
MACARONI + CHEESE CUPS
MINI MEATLOAVES + VEG + DIP
MINI PANCAKES + BACON + EGG
EGG + AVOCADO SANDWICH
VEGGIE NOODLES
CHICKEN FRIED RICE
EGG SALAD SANDWICH
MINI PIZZAS + VEG
TURKEY + LETTUCE WRAPS
GRILLED CHEESE SANDWICH
SPRING ROLLS + EDAMAME
QUINOA SALAD
SALAMI + CHEESE + CRACKERS
PIZZA ROLLS
CHILI PASTA
FISH STICKS + VEG + DIP
CHICKEN + APPLE + SWISS PANINI
CROISSANT + AVOCADO + BACON SANDWICH

Fruit & Veggies

GRAPES
APPLE
ORANGE
DATES
KIWI
BLUEBERRIES
MANGO
MELON
PINEAPPLE
PEAR
DRAGONFRUIT
CUCUMBER
CARROT
BROCCOLI
EDAMAME
CHERRY TOMATOES
BELL PEPPERS

Snacks

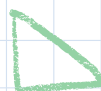
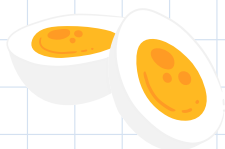
POPCORN
CHEESE
CRACKERS
COOKIES
TORTILLA CHIPS
PRETZELS
YOGURT
GRANOLA BAR
VEGGIE STRAWS
RICE CAKES
FAT BOMBS
PROTEIN BALLS
YOGURT
FRUIT POUCHES
MINI MUFFINS
FRUIT SALAD
CRACKERS + DIP

Treats

GUMMY FRUIT CANDY
CHOCOLATE
BROWNIES
MINI COOKIES
MINI POUND CAKE
MINI DONUTS
MINI CINNAMON ROLLS
YOGURT BARK

Drinks

WATER
COCONUT WATER
ALMOND MILK
ORANGE JUICE
APPLE JUICE
SPARKLING WATER
PINK LEMONADE
KOMBUCHA



SCHOOL LUNCH

Weekly Planner

Monday

MAIN

FRUIT + VEG

SNACKS

TREATS

DRINKS

Tuesday

MAIN

FRUIT + VEG

SNACKS

TREATS

DRINKS

Wednesday

MAIN

FRUIT + VEG

SNACKS

TREATS

DRINKS

Thursday

MAIN

FRUIT + VEG

SNACKS

TREATS

DRINKS

Friday

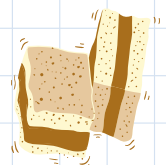
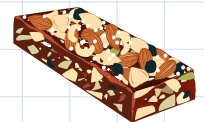
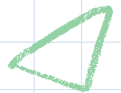
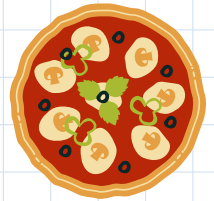
MAIN

FRUIT + VEG

SNACKS

TREATS

DRINKS



SCHOOL LUNCH

Monthly Planner

Monday

MAIN

FRUIT + VEG

SNACKS

TREATS

DRINKS

Tuesday

MAIN

FRUIT + VEG

SNACKS

TREATS

DRINKS

Wednesday

MAIN

FRUIT + VEG

SNACKS

TREATS

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Thursday

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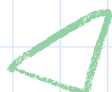
MAIN

FRUIT + VEG

SNACKS

TREATS

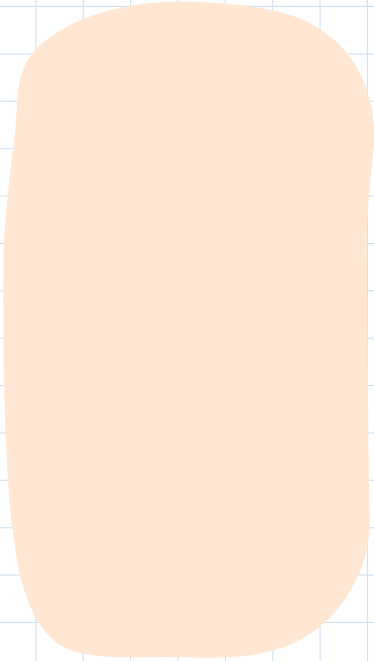
DRINKS



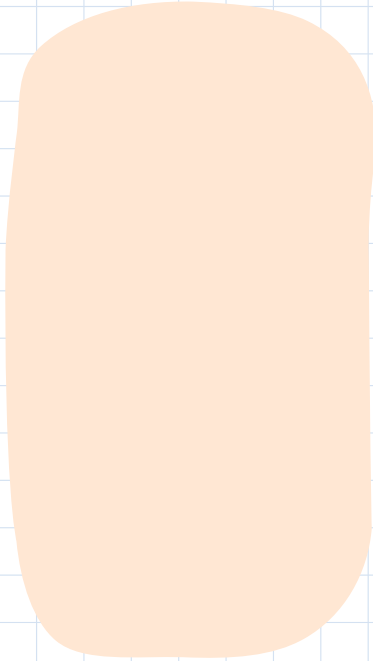
SCHOOL LUNCH

Gracery List

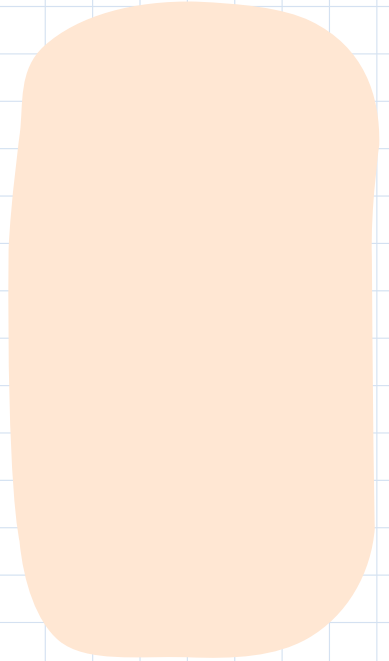
Mains



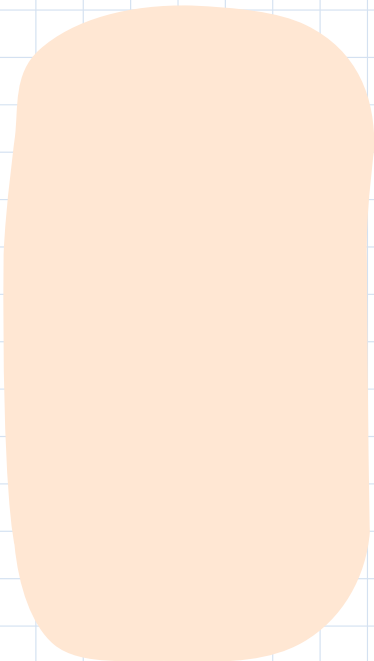
Fruit + Veg



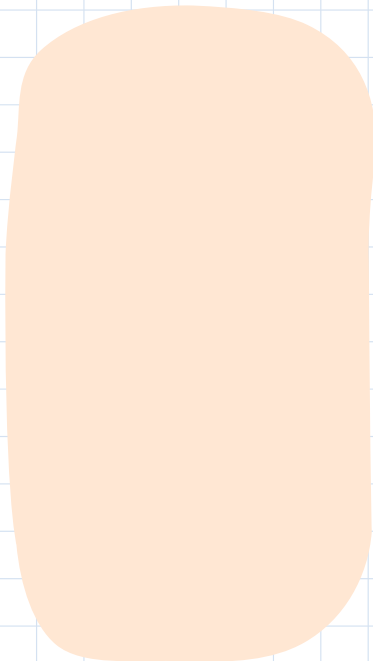
Snacks



Treats



Drinks



Others

